Information Interviews

Purpose: To gather information, seek advice and create new contacts/support

Control: The job seeker asks for the meeting, suggests the length, and (initially) leads the conversation

Length: Generally 15-30 minutes

Both are an opportunity to create new contacts regardless of the outcome

Job Interviews

Purpose: To get a job

Control: The employer sets the meeting, determines the length, and leads the conversation

Length: Generally 30-60+ minutes