



Shift Happens!

Tapping into Your Deepest Longings in Terms of Career PEOI2694

Imagine what it would be like to tap into your deepest longings and what you love! Clarify what it is that you want in all areas of your life; career, home, leisure, training. Find your calling. Set goals and allow them to manifest in your life. Connect with nature to find answers to your innermost questions and create a vision for your future.

Topics:

- Set and achieve goals
- Explore dreams and possibilities
- Move through blocks to get what it is you really want
- Clarify desires in all areas of your life from relationships to leisure activities
- Discover what is truly important in your life and how to give that more prominence
- Learn techniques for creating what you really want

Learning Outcomes:

- Their own vision for the future
- Written goals
- A collage to reinforce vision
- Ideas about how to get what it is they want

Facilitator: Marlyn Farrell, CLSC, has worked as a trainer of lay counsellors and employment facilitators, with 12 years' experience designing and leading creativity-based healing workshops. She has had the opportunity over the years to work with professionals, at-risk youth, and people with mental illness. Her association with The Haven Institute began in 1984 and she now leads her programs, Primal Whisperings, Primal Nudgings and Career Revisioning at The Haven.
www.primalnudge.com

Length: 2 days

Date: Sat & Sun, Jan 28 & 29, 2012

Times: 10am - 4pm

Cost: \$165 + applicable taxes

Best to Register By: Sat, Jan 14, 2012

To Register:

Register online at <http://www.royalroads.ca/continuing-studies> using Visa or MasterCard; or by telephone, Monday to Friday, 9:00 a.m. – 4:00 p.m. at **250-391-2600, ext. 4801**; or **Toll Free at 1-866-890-0220**. Or, come by in person to the Continuing Studies reception area in the **Grant Building, 2005 Sooke Road, Victoria, BC, Canada V9B 5Y2**.